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Author: John E. Fetzer

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Earlier Draft of This I Believe, containing planes and chakras

P-18 (Institute Archives Folder R02.14160) ... an earlier draft, longer version of This I Believe (1967). which includes Theosophically-influenced passages:

(A) a description of spiritual planes: "These divisions, which departmental chiefs, as well as the Supreme Cabinet of Ministers, manned by Masters, exercise great influence over the people or our planet. ... Sometimes these are referred to in their order of ascent as (1) First Astral {sic}, (2) Second Astral, (3) First Mental, (4) Second Mental, (5) Third Mental, (6) First Spiritual, (7) Second Spiritual... these characteristics are greatly reinforced in consecutive order by radiation from the planets Uranus Neptune, Venus, Mars, Jupiter, Mercury and Saturn. These radiating forces fuse themselves in the Central Sun when they are re-transmitted, in the seven colors of the rainbow ..."

(B) "... there are super-imposed thought-forms received telepathically ... from entities on all planes of existence: multitudinous Friends, Relatives, Guides, Teachers and Masters on higher planes..."

(C) a description of the chakras: "There are seven centers connected to the subconscious mind, starting with the dome of the head and then, in sequence, the forehead, the back of the head and uniformly down the spine, that act as receiving and transmitting stations.... starting at the bottom of the spine ... these vibratory colors are red, orange, yellow, green, blue, mauve and white.

(D) a meditation practice: "Breath is life. Those who aspire to Adeptship call upon God, the Father of Radiation, in prayerful affirmation within, to raise their consciousness ... standing erect and pacing both hands on the stomach opposite the naval. Take a long breath, hold as long as possible, then send your supplicating thought you Master by repeating, "I send Manna from Heaven to You" ... when doing so, your Master and myriads of beings on the higher planes of existence mightily strive to come to your aid as God Power flows through each of the living cells. Furthermore ... it will come forth. One achieves divinity, which some choose to call Superconsciousness or Christ Consciousness."